



Statement of Attainment in

HLTAID001: Provide cardiopulmonary resuscitation

This course is presented in accordance with the current guidelines of the Australian Resuscitation Council (ARC).

The course covers all aspects of resuscitation and basic life support.

Participants train on resuscitation manikins and demonstrate competency in Cardio Pulmonary Resuscitation (CPR). Mouth-to-mask resuscitation technique will also be demonstrated, utilising the Laerdal Pocket Mask™.

Automated External Defibrillation (AED) will be demonstrated during the course in accordance with the "D.R.S.A.B.C.D" Primary Survey protocol.

The core elements of the Unit include:

1. Respond to an emergency situation
2. Perform CPR procedures
3. Communicate details of the incident



Specific competencies include:

- ✓ Define the role of resuscitation and when to apply it
- ✓ Assess a scene using the D.R.S.A.B.C.D protocol
- ✓ Assessing and maintaining an airway of an unconscious casualty – the recovery/lateral position
- ✓ Perform Cardio Pulmonary Resuscitation (CPR) techniques on an infant and adult mannequin
- ✓ Identify the differences in resuscitation technique with infants, children and noticeably pregnant casualties
- ✓ Identify airway management techniques with vomiting/regurgitating casualties during resuscitation
- ✓ Identify communicable diseases risk management techniques during resuscitation
- ✓ Follow the prompts of an Automated External Defibrillator (AED)



Infant and adult mannequins are supplied for training.

- **TRAINING DURATION** 2 Hours 15 minutes
- **QUALIFICATION DURATION** 12 months from the date of issue.
- **ASSESSMENT**
 1. Demonstrate competent resuscitation techniques on a mannequin, including following the prompts of a AED
 2. Participants must demonstrate two minutes of continuous CPR on an adult mannequin placed on the floor.
 3. 20 theory questions

